

High Pointes

DANCE ACADEMY

Monday

Studio A	Studio B
4:30-5:30pm Intermediate Sretch & Strength Pirouettes & Leaps *Elite Team only	5-5:30pm Move & Groove (ages 4-5yrs)
5:30-6:15pm Intermediate Jazz 6:15-6:30pm Inter Comp Rehearsal	
6:30-7:15pm Senior Musical Theatre	
7:15-8pm Senior Advanced Jazz	
8-8:45pm Senior Advanced Lyrical	
8:45-9:15pm Senior Comp Rehearsal (October - March)	

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Tuesday

Studio A	Studio B
5:15-6pm Intermediate Musical Theatre	5-5:30pm Whirl & Twirl Jazz (3-4yrs) *6 week sessions
6:15-7pm Intermediate Lyrical	5:30-6:15pm Mini/Junior Hip Hop
7-7:45pm Intermediate Tap	6:15-7pm Mini/Junior Jazz
7:45-8:30pm Senior/Intermediate Hip Hop	7:15-7:45pm Coreflow
8:30-9:15pm Senior Tap	

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Wednesday

Studio A	Studio B
4:30-5:15pm Mini/Junior Acro	4:30-5pm Whirl & Twirl Ballet (3-4yrs) *6 week sessions
5:15-6pm Acro	5:15-6pm Mini/Junior Ballet
6-6:30pm Technique and Tone for Ballet	
6:30-7pm Turning Fundamentals	
7-7:45pm Intermediate Ballet	
7:45-8:30pm Intermediate Contemporary	

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Thursday

Studio A	Studio B
4:30-5:15pm Modern (10 yrs and up)	4:30-5:15pm Junior Musical Theatre (7-9yrs)
5:15-5:45pm Pre-Pointe/ Pointe **Requirements Necessary	5:30-6:15pm Mini/Junior Tap
6-7pm Senior Stretch & Strength Pirouettes & Leaps *Elite Team Only	6:15-7pm Hip Hop (10yrs+ Recreation only)
7-7:45pm Jazz Funk (10 yrs & up)	
7:45-8:45pm Senior Ballet	
8:45-9:30pm Senior Contemporary	